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HANDOUT

MB502T

Molecular Biology (Theory)

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MB502T

Molecular Biology (Theory)

This handout covers the complete course topic by topic in simple, exam-focused language. Each chapter begins with learning objectives and ends with key points and exam pointers. Definitions are boxed in green-friendly format, examples are worked out step by step, and very important exam points are flagged separately. Study the highlighted points carefully before your papers.

Course Information	
Course Code	MB502T
Course Title	Molecular Biology (Theory)
Credit Hours	3
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Table of Contents

Table of Contents	2
1. Introduction to Molecular Biology	3
2. DNA Structure and Organization	4
3. DNA Replication	6
4. Transcription	8
5. Translation and the Genetic Code	9
6. Gene Regulation	11
7. Mutations and DNA Repair	13
8. Recombinant DNA Technology	14
9. Genomics and Sequencing	16
10. CRISPR and Genome Editing	18
11. Molecular Techniques in the Lab	19
12. Molecular Biology in Pakistan: Applications	21
Glossary of Key Terms	23
Practice Questions for Exams	23
MCQ Practice Test	28
Exam Strategy Guide	33

1. Introduction to Molecular Biology

Learning Objectives

- Define molecular biology and its scope
- Summarize key historical discoveries

Molecular biology is defined as the study of biological processes at the molecular level, focusing on the structure, function and interactions of DNA, RNA and proteins.

Landmark discoveries

Year	Discovery	Scientists
1953	Double-helix structure of DNA	Watson, Crick, Franklin, Wilkins
1958	Central dogma	Francis Crick
1961	Genetic code cracked	Nirenberg, Khorana
1977	DNA sequencing	Sanger
1983	Polymerase chain reaction	Kary Mullis
2003	Human Genome Project completed	International consortium

- Overlaps genetics (inheritance), biochemistry (molecules) and cell biology.
- Applications: medicine, forensics, agriculture, biotechnology.

Key Points to Remember

- Molecular biology = DNA → RNA → protein.
- Know the discovery timeline — examiners love dates.

Exam Pointer

Very important for exams: State the central dogma and name its three exceptions.

Why molecular biology matters

- Explains inheritance, disease, and evolution at the molecular level.
- Foundation of modern medicine and biotechnology.
- Every biology student needs this literacy.

Central dogma exceptions

- Reverse transcription (retroviruses, telomerase).

- RNA replication (RNA viruses).
- Prions: protein-only inheritance.

Rosalind Franklin's role

- Photo 51 revealed the helix.
- Credit came late — a lesson in scientific ethics.
- Know her name for exams and for justice.

Model organisms

- E. coli, yeast, C. elegans, Drosophila, mice.
- Chosen for speed, genetics, and ethics balance.
- Findings translate surprisingly well.

Watson, Crick and Wilkins

- 1953 double-helix model from X-ray data.
- Base pairing explained heredity's copying.
- Nobel 1962 shared three ways.
- Franklin's exclusion remains controversial.
- Know the year and the prize.

Griffith's experiment

- Transforming principle in pneumococcus, 1928.
- Dead virulent + live harmless = live virulent.
- Avery identified DNA as the principle.
- Founded molecular genetics.
- Classic exam history.

2. DNA Structure and Organization

Learning Objectives

- Describe the double helix and base pairing
- Explain chromatin organization

- Double helix: two antiparallel strands, sugar-phosphate backbone, bases inside.
- Base pairing: A=T (2 hydrogen bonds), G=C (3 hydrogen bonds) — Chargaff's rules.
- Forms: B-DNA (common), A-DNA (dehydrated), Z-DNA (left-handed).

Packaging into chromosomes

- DNA wraps around histone octamers forming nucleosomes ("beads on a string").
- Nucleosomes coil into 30-nm fibre, then looped domains, then metaphase chromosomes.
- Euchromatin: loose, active genes; heterochromatin: dense, silent.
- Human genome: 3 billion base pairs, 23 chromosome pairs.

Key Points to Remember

- Antiparallel + complementary pairing enables replication.
- Histones package 2 metres of DNA into a microscopic nucleus.

Exam Pointer

Very important for exams: Draw and label a nucleosome.

DNA vs RNA

- DNA: deoxyribose, thymine, double-stranded, stable archive.
- RNA: ribose, uracil, usually single-stranded, versatile worker.
- Stability vs versatility — each suits its role.

Supercoiling

- DNA twists upon itself; topoisomerases manage it.
- Supercoiling aids packing and unwinding.
- Antibiotics (quinolones) target bacterial topoisomerases.

Histone code

- Acetylation opens, methylation can silence.
- Writers, readers, erasers of marks.
- Drugs targeting these treat cancers.

Nucleosome positioning

- Positioning controls gene access.
- Remodellers slide nucleosomes.
- Maps reveal regulatory logic.

Chromatin states

- Euchromatin: open, active genes.
- Heterochromatin: closed, silent.

- Switching states regulates development.
- X-inactivation is facultative heterochromatin.
- Staining reveals the difference.

Nucleosome structure

- 147 bp wrapped around histone octamer.
- H1 linker histone compacts further.
- 30-nm fibre coils the beads.
- 2 m of DNA fits in a nucleus.
- Draw and label it.

3. DNA Replication

Learning Objectives

- Explain semi-conservative replication
- Describe enzymes of the replication fork

Semi-conservative replication is defined as each new DNA molecule keeps one parental strand and one newly synthesized strand (proved by Meselson and Stahl).

Enzyme/protein	Function
Helicase	Unwinds the double helix
Single-strand binding proteins	Stabilize unwound strands
Topoisomerase	Relieves supercoiling tension
Primase	Synthesizes RNA primer
DNA polymerase III	Main synthesizing enzyme (prokaryotes)
DNA polymerase I	Removes primers, fills gaps
Ligase	Seals nicks between Okazaki fragments

- Leading strand: continuous synthesis; lagging strand: discontinuous Okazaki fragments.
- Telomeres protect chromosome ends; telomerase extends them (active in stem cells and cancer).

Key Points to Remember

- Replication is semi-conservative and bidirectional from origins.
- Polymerase only synthesizes 5' → 3'.

Exam Pointer

Very important for exams: Contrast leading and lagging strand synthesis.

Proofreading

- Polymerase checks each added base; exonuclease removes errors.
- Error rate: 1 in 10^9 after proofreading.
- Without it, genomes would melt into noise.

Origins of replication

- *oriC* in bacteria; multiple origins in eukaryotes.
- Licensed once per cell cycle — no re-replication.
- Cancer hijacks this control.

Telomere biology

- Shorten with each division — the mitotic clock.
- Telomerase rebuilds them in stem and cancer cells.
- Linked to aging research.

DNA polymerases compared

- I: repair; III: replication (bacteria).
- Eukaryotes: alpha, delta, epsilon divide labour.
- Fidelity varies by job.

Leading vs lagging strand

- Leading: continuous 5' to 3' synthesis.
- Lagging: Okazaki fragments, later joined.
- Ligase seals the nicks.
- Primase lays RNA primers.
- Draw the fork with labels.

DNA helicase

- Unwinds the duplex ahead of polymerase.
- Uses ATP for energy.
- SSBs stabilize single strands.
- Topoisomerase relieves supercoiling.
- The replisome works as a team.

4. Transcription

Learning Objectives

- Describe the stages of transcription
- Explain RNA processing in eukaryotes

- Initiation: RNA polymerase binds the promoter (TATA box); transcription factors assist in eukaryotes.
- Elongation: RNA synthesized 5' → 3' using DNA template.
- Termination: rho-dependent or independent signals (prokaryotes); poly-A signals (eukaryotes).

Eukaryotic RNA processing

- 5' capping, 3' poly-A tail, and splicing (introns removed, exons joined by the spliceosome).
- Alternative splicing: one gene → multiple proteins — key to human complexity.
- RNA types: mRNA (message), tRNA (adaptor), rRNA (ribosome), plus miRNA/siRNA regulators.

Key Points to Remember

- Prokaryotic mRNA needs no processing; eukaryotic does.
- Splicing multiplies proteome diversity.

Exam Pointer

Very important for exams: List the three processing steps and the fate of introns.

Promoters and enhancers

- Promoter: where transcription starts; enhancer: boosts it from afar.
- TATA box positions polymerase precisely.
- Mutations here cause disease without touching coding DNA.

RNA interference

- siRNA/miRNA silence genes post-transcriptionally.
- A Nobel-winning discovery (2006).
- Therapeutics: patisiran treats amyloidosis.

Splicing diseases

- Beta-thalassemia often involves splicing mutations.
- Antisense drugs correct splicing (Spinraza).
- One gene, many diseases via splicing.

Attenuation

- trp operon fine-tunes via transcription termination.
- Ribosome stalling senses tryptophan.
- Elegant economy of control.

RNA polymerase types

- Pol I: rRNA; Pol II: mRNA; Pol III: tRNA.
- Alpha-amanitin blocks Pol II specifically.
- Bacterial single polymerase does it all.
- CTD phosphorylation regulates Pol II.
- Inhibitors are research tools.

Splicing signals

- GU at 5' splice site, AG at 3'.
- Branch point adenine attacks first.
- Spliceosome: snRNP complex.
- Alternative splicing multiplies proteins.
- Mutations here cause disease.

5. Translation and the Genetic Code

Learning Objectives

- Explain how ribosomes synthesize proteins
- State the features of the genetic code

Features of the genetic code

- Triplet: 3 bases = 1 codon; 64 codons for 20 amino acids.
- Degenerate (redundant): multiple codons per amino acid; unambiguous: each codon = one amino acid.
- Universal (nearly) and non-overlapping; AUG = start, UAA/UAG/UGA = stop.

Translation stages

- Initiation: small ribosomal subunit + initiator tRNA find the start codon.
- Elongation: codons read, peptide bonds formed by peptidyl transferase (a ribozyme!).
- Termination: release factor recognizes stop codon; polypeptide released.
- Chaperones help folding; misfolded proteins cause diseases (Alzheimer's, prion diseases).

Key Points to Remember

- The ribosome is a ribozyme — RNA catalyzes peptide bonds.
- Code degeneracy protects against point mutations.

Exam Pointer

Very important for exams: Translate a short mRNA sequence using the codon table.

Codon table practice

- Memorize: AUG start; UAA, UAG, UGA stop.
- Degeneracy clusters in the third position (wobble).
- Practice translating short sequences.

Post-translational modifications

- Phosphorylation, glycosylation, ubiquitination.
- Expand protein function beyond the gene.
- Drug targets often modify these.

Chaperones

- Help proteins fold correctly.
- Heat-shock proteins respond to stress.
- Misfolding diseases: Alzheimer's, Parkinson's.

Ubiquitin system

- Tags proteins for proteasome destruction.

- Regulates cell cycle and signalling.
- Nobel 2004; drug target (bortezomib).

Shine-Dalgarno sequence

- Ribosome binding site in bacteria.
- Pairs with 16S rRNA.
- Positions the start codon.
- Eukaryotes use Kozak sequence instead.
- Key difference for exam comparisons.

Protein targeting

- Signal peptides direct to ER.
- Nuclear localization signals open pores.
- Mitochondrial import needs chaperones.
- Wrong address causes disease.
- The cell's postal system.

6. Gene Regulation

Learning Objectives

- Explain the lac and trp operons
- Describe eukaryotic gene control

The lac operon (prokaryote)

- Genes for lactose metabolism switched ON only when lactose is present and glucose absent.
- Repressor protein blocks transcription; allolactose removes it (induction).
- Catabolite activator protein (CAP) boosts transcription when glucose is low.

The trp operon

- Tryptophan synthesis genes switched OFF when tryptophan is abundant (repression) — the mirror image of lac.

Eukaryotic regulation

- Transcription factors, enhancers/silencers, chromatin remodelling, DNA methylation, histone modification (epigenetics).

- Epigenetics: heritable changes without DNA sequence change — very important for exams: identical twins differ because of epigenetics.

Key Points to Remember

- lac = inducible (substrate turns ON); trp = repressible (product turns OFF).
- Eukaryotic control is multilayered, starting at chromatin.

Exam Pointer

Very important for exams: Predict lac operon state with/without lactose and glucose.

Operons vs regulons

- Operon: clustered genes, one promoter (prokaryotes).
- Regulon: scattered genes, shared regulator.
- Eukaryotes use transcription factor networks instead.

Epigenetic inheritance

- Methylation patterns pass through cell division.
- Imprinting: parent-of-origin expression.
- Environment writes on the genome softly.

Two-component systems

- Bacterial sensors: histidine kinase + response regulator.
- Detect environment, adjust genes.
- Antibiotic targets of the future.

Quorum sensing

- Bacteria count neighbours via signals.
- Coordinate virulence and biofilms.
- Blocking it disarms without killing.

lac operon logic

- No lactose: repressor blocks transcription.
- Lactose present: inducer releases repressor.
- Glucose absent: CAP boosts transcription.
- Negative and positive control combined.
- The classic exam diagram.

Tryptophan operon

- Repressible system — opposite of lac.
- Tryptophan activates the repressor.
- Attenuation adds fine control.
- Biosynthetic operons are usually repressible.
- Compare with lac in answers.

7. Mutations and DNA Repair

Learning Objectives

- Classify mutations
- Describe major repair pathways

Mutation type	Change	Effect
Point (missense)	One base -> different amino acid	Sickle-cell anaemia
Nonsense	Codon -> stop codon	Truncated protein
Silent	Codon changes, amino acid same	Usually harmless
Frameshift	Insertion/deletion not multiple of 3	Severe
Chromosomal	Large segments	Down syndrome (trisomy 21)

DNA repair

- Mismatch repair: fixes replication errors.
- Base/nucleotide excision repair: removes damaged bases (UV damage — xeroderma pigmentosum patients lack it).
- Double-strand break repair: homologous recombination (accurate) vs non-homologous end joining (error-prone).
- p53: "guardian of the genome" — arrests the cell cycle for repair or triggers apoptosis; mutated in most cancers.

Key Points to Remember

- Most mutations are neutral or repaired; cancer needs multiple hits.
- p53 links DNA damage to cancer.

Exam Pointer

Very important for exams: Classify given DNA changes as mutation types.

Cancer genetics

- Oncogenes: accelerators stuck on; tumor suppressors: brakes cut.
- Multiple mutations needed — cancer is evolution within.
- p53, BRCA1 are famous examples.

DNA repair disorders

- Xeroderma pigmentosum: cannot fix UV damage.
- BRCA mutations: faulty double-strand repair.
- Explains cancer predisposition.

Mutagen types

- Physical: UV, X-rays; chemical: alkylating agents.
- Biological: transposons, viruses.
- Ames test screens mutagenicity.

Transposons

- Jumping genes: cut-and-paste or copy-and-paste.
- Drive evolution and disease.
- McClintock's Nobel-winning discovery.

Oncogene activation

- Point mutation, amplification, translocation.
- Philadelphia chromosome creates BCR-ABL.
- Imatinib targets it specifically.
- Viral oncogenes captured cellular genes.
- Three mechanisms — memorize all.

Tumour suppressor logic

- Both copies must be lost (two-hit).
- Rb: cell-cycle gatekeeper.
- p53: genome guardian, apoptosis trigger.
- Inherited one hit = cancer predisposition.
- Knudson's hypothesis explained retinoblastoma.

8. Recombinant DNA Technology

Learning Objectives

- Explain cloning with plasmids
- Describe PCR and its applications

Gene cloning steps

1. Cut DNA and plasmid vector with the same restriction enzyme.
2. Join with DNA ligase -> recombinant plasmid.
3. Transform into bacteria; select with antibiotic resistance marker.
4. Screen colonies (blue-white screening with lacZ).

PCR (polymerase chain reaction)

- Cycles: denaturation (~95C) -> annealing (~55C) -> extension (72C); Taq polymerase survives the heat.
- Amplifies DNA exponentially: 30 cycles -> ~1 billion copies.
- Applications: diagnostics (COVID testing), forensics, paternity, ancient DNA.

Key Points to Remember

- Restriction enzymes cut; ligase pastes; vectors carry.
- PCR = denature, anneal, extend.

Exam Pointer

Very important for exams: Design a PCR experiment: list components and temperatures.

Vectors compared

- Plasmids: small inserts; phage: medium; BAC/YAC: huge.
- Choose by insert size and host.
- Expression vectors add promoters and tags.

qPCR vs PCR

- qPCR quantifies in real time with fluorescence.
- COVID testing made qPCR famous.
- Ct values estimate viral load.

Golden Gate cloning

- Type IIS enzymes enable one-pot assembly.

- Scarless, modular, fast.
- Synthetic biology's workhorse.

Gibson assembly

- Exonuclease + polymerase + ligase in one tube.
- Joins multiple fragments seamlessly.
- Built the first synthetic genome.

Blue-white screening

- lacZ alpha-complementation trick.
- Blue colonies: empty vector.
- White colonies: insert disrupts lacZ.
- X-gal substrate reveals the colour.
- Every cloning lab uses it.

Restriction enzymes

- EcoRI cuts GAATTC; sticky ends.
- Type II used in cloning.
- Bacteria's immune system origin.
- Methylation protects host DNA.
- Palindromic recognition sites.

9. Genomics and Sequencing

Learning Objectives

- Compare sequencing generations
- Explain genome analysis basics

- Sanger sequencing: chain termination with dideoxynucleotides — accurate, slow.
- Next-generation sequencing (NGS): massively parallel, cheap — enabled the \$1000 genome.
- Third generation: long reads (PacBio, Nanopore) resolve repeats.

What genomes taught us

- Humans have only ~20,000 genes — complexity comes from regulation and splicing.
- Comparative genomics: we share ~99% DNA with chimps, ~60% with bananas.
- Applications: personalized medicine, pathogen tracking, crop improvement.

Key Points to Remember

- Sequencing cost fell faster than Moore's law.
- Data analysis (bioinformatics) is now the bottleneck.

Exam Pointer

Very important for exams: Contrast Sanger and NGS on principle, speed and cost.

Human genome surprises

- Only ~1.5% codes for proteins; rest regulates or puzzles us.
- Gene deserts, jumping transposons, viral fossils.
- Complexity lives in regulation, not gene count.

Metagenomics

- Sequence whole microbial communities directly.
- Revealed the gut microbiome universe.
- Most microbes remain uncultured but sequenced.

GWAS

- Genome-wide association finds disease-linked variants.
- Needs thousands of samples.
- Explains some heritability, not all.

Pharmacogenomics

- Genes predict drug response.
- TPMT testing guides thiopurines.
- Personalized dosing is arriving.

Next-gen sequencing

- Illumina: reversible terminators, massive throughput.
- Nanopore: long reads, portable.
- Cost fell faster than Moore's law.
- Enabled personal genomes.
- Compare platforms for exams.

Human Genome Project

- 1990-2003, \$3 billion, international.
- 3 billion bases, ~20,000 genes.
- Fewer genes than expected.
- Enabled GWAS and precision medicine.
- History worth knowing.

10. CRISPR and Genome Editing

Learning Objectives

- Explain how CRISPR-Cas9 works
- Discuss applications and ethics

- Natural origin: bacterial immune system that remembers viral DNA via guide RNAs.
- Mechanism: guide RNA directs Cas9 to a target next to a PAM sequence; Cas9 cuts both strands.
- Cell repairs the cut: error-prone NHEJ knocks genes out; homology-directed repair inserts precise edits.

Applications and ethics

- Medicine: sickle-cell therapy approved; cancer immunotherapy trials.
- Agriculture: disease-resistant crops (may escape GMO regulation in some countries).
- Ethics: somatic editing treats patients; germline editing affects future generations — the He Jiankui case (2018) drew global condemnation.
- Very important for exams: distinguish somatic (therapy, contained) from germline (heritable, controversial).

Key Points to Remember

- CRISPR = programmable molecular scissors.
- Somatic vs germline is the central ethical line.

Exam Pointer

Very important for exams: Explain the CRISPR mechanism in four steps.

CRISPR vs older tools

- ZFNs and TALENs: protein engineering, slow.
- CRISPR: RNA-guided, cheap, fast.

- That simplicity caused the revolution.

Gene drives

- CRISPR drives spread edits through populations.
- Malaria mosquito trials show promise.
- Ecological release demands global governance.

Base editors

- Change single letters without cutting DNA.
- Safer than Cas9 breaks.
- Prime editing writes longer changes.

CRISPR diagnostics

- SHERLOCK/DETECTR detect DNA fast.
- Paper-strip COVID tests used CRISPR.
- Field diagnostics revolution.

Off-target effects

- Cas9 cuts similar-but-wrong sequences.
- GUIDE-seq detects them genome-wide.
- High-fidelity Cas9 variants reduce them.
- Therapeutic use demands near-zero off-target.
- The main safety hurdle.

Gene therapy

- Luxturna treats inherited blindness.
- Zolgensma treats spinal muscular atrophy.
- Viral vectors deliver genes.
- Ex vivo editing avoids immune issues.
- Costs remain astronomical.

11. Molecular Techniques in the Lab

Learning Objectives

- Describe electrophoresis, blotting and hybridization
- Choose the right technique for a question

Technique	Separates/detects	Use
Agarose gel electrophoresis	DNA by size	Check PCR products
SDS-PAGE	Proteins by size	Protein analysis
Southern blot	Specific DNA sequences	Gene detection
Northern blot	RNA	Gene expression
Western blot	Proteins (antibodies)	Protein detection
ELISA	Antigens/antibodies	Diagnostics
FISH	Chromosomal loci	Genetic disorders

- DNA is negative: runs toward the positive electrode; smaller fragments run faster.
- Controls and ladders make gels interpretable.

Key Points to Remember

- Southern = DNA, Northern = RNA, Western = protein (alphabetical S-N-W matches D-R-P).
- Blotting = separate, transfer, probe.

Exam Pointer

Very important for exams: Which blot for detecting mRNA? (Northern.)

Controls in molecular labs

- Positive, negative, no-template controls in every PCR.
- Ladders size every gel.
- Controls distinguish signal from artefact.

Western blot steps

- Separate by SDS-PAGE, transfer to membrane, probe with antibodies.
- Confirms protein size and amount.
- HIV diagnosis once depended on it.

ELISA types

- Direct, indirect, sandwich, competitive.
- Hepatitis and pregnancy tests use it.
- Quantitative with standard curves.

Karyotyping

- Visual chromosome check.
- Detects Down, Turner, Klinefelter syndromes.
- FISH speeds targeted checks.

SDS-PAGE principle

- SDS unfolds and charges proteins uniformly.
- Separation purely by size.
- Discontinuous gels sharpen bands.
- Coomassie stains; silver is sensitive.
- Estimate molecular weights.

Northern blot

- Detects RNA like Southern detects DNA.
- Measures gene expression levels.
- Largely replaced by qPCR.
- Name logic: north of Southern.
- Exam favourite for blot matching.

12. Molecular Biology in Pakistan: Applications

Learning Objectives

- List local applications
- Identify career directions

- Health: PCR diagnostics (hepatitis, TB, COVID), genetic counselling for thalassemia (common in Pakistan), cancer testing.
- Agriculture: Bt cotton, virus-resistant crops, livestock breeding.
- Forensics: DNA labs for criminal investigation and disaster victim identification.
- Institutions: CEMB (Lahore), NIBGE (Faisalabad), ICCBS (Karachi) lead research.
- Careers: diagnostics labs, pharma, academia, biosafety and science communication.

Key Points to Remember

- Thalassemia screening is Pakistan's most impactful molecular application.
- Molecular skills are employable across health, agriculture and forensics.

Exam Pointer

Very important for exams: Short note: role of PCR in Pakistani disease diagnosis.

Thalassemia in Pakistan

- Carrier rate 5-7% — cousin marriage concentrates it.
- Prenatal diagnosis prevents births with major.
- Screening programs save families and budgets.

Careers in molecular biology

- Diagnostics, pharma R&D, forensics, academia.
- Bioinformatics multiplies employability.
- Pakistan's biotech sector is growing.

Biosafety in labs

- Autoclave waste; no mouth pipetting.
- Risk assess every protocol.
- Pakistani labs follow NIH/WHO guidelines.

Exam revision checklist

- Replication enzymes table, codon features, operon logic.
- PCR steps, blot names, CRISPR mechanism.
- Draw: nucleosome, replication fork, lac operon.

PCR in Pakistani diagnostics

- Hepatitis and TB detection widely used.
- Local labs run thousands daily.
- Quality control varies — choose accredited labs.
- Dengue serotyping guides outbreaks.
- Molecular diagnostics is a career path.

DNA barcoding

- COI gene identifies animal species.
- Detects food adulteration.
- Wildlife forensics application.
- Pakistani labs use it for fish.
- Simple, powerful identification.

Glossary of Key Terms

Learning Objectives

- Revise all key terms quickly before exams

Term	Meaning
Molecular biology	the study of biological processes at the molecular level, focusing on the structure, function and interactions of DNA, RNA and proteins.
Semi-conservative replication	each new DNA molecule keeps one parental strand and one newly synthesized strand (proved by Meselson and Stahl).

Exam Pointer

Very important for exams: Revise this glossary the night before the paper.

Practice Questions for Exams

Learning Objectives

- Test your preparation with these exam-style questions

Short questions with model answers

Example

Q: Explain: define molecular biology and its scope Model answer: Molecular biology = DNA -> RNA -> protein. Know the discovery timeline — examiners love dates.

Example

Q: Explain: summarize key historical discoveries Model answer: Molecular biology = DNA -> RNA -> protein. Know the discovery timeline — examiners love dates.

Example

Q: Explain: describe the double helix and base pairing Model answer: Antiparallel + complementary pairing enables replication. Histones package 2 metres of DNA into a microscopic nucleus.

Example

Q: Explain: explain chromatin organization Model answer: Antiparallel + complementary pairing enables replication. Histones package 2 metres of DNA into a microscopic nucleus.

Example

Q: Explain: explain semi-conservative replication Model answer: Replication is semi-conservative and bidirectional from origins. Polymerase only synthesizes 5' -> 3'.

Example

Q: Explain: describe enzymes of the replication fork Model answer: Replication is semi-conservative and bidirectional from origins. Polymerase only synthesizes 5' -> 3'.

Example

Q: Explain: describe the stages of transcription Model answer: Prokaryotic mRNA needs no processing; eukaryotic does. Splicing multiplies proteome diversity.

Example

Q: Explain: explain RNA processing in eukaryotes Model answer: Prokaryotic mRNA needs no processing; eukaryotic does. Splicing multiplies proteome diversity.

Example

Q: Explain: explain how ribosomes synthesize proteins Model answer: The ribosome is a ribozyme — RNA catalyzes peptide bonds. Code degeneracy protects against point mutations.

Example

Q: Explain: state the features of the genetic code Model answer: The ribosome is a ribozyme — RNA catalyzes peptide bonds. Code degeneracy protects against point mutations.

Example

Q: Explain: explain the lac and trp operons Model answer: lac = inducible (substrate turns ON); trp = repressible (product turns OFF). Eukaryotic control is multilayered, starting at chromatin.

Example

Q: Explain: describe eukaryotic gene control Model answer: lac = inducible (substrate turns ON); trp = repressible (product turns OFF). Eukaryotic control is multilayered, starting at chromatin.

Example

Q: Explain: classify mutations Model answer: Most mutations are neutral or repaired; cancer needs multiple hits. p53 links DNA damage to cancer.

Example

Q: Explain: describe major repair pathways Model answer: Most mutations are neutral or repaired; cancer needs multiple hits. p53 links DNA damage to cancer.

Example

Q: Explain: explain cloning with plasmids Model answer: Restriction enzymes cut; ligase pastes; vectors carry. PCR = denature, anneal, extend.

Example

Q: Explain: describe PCR and its applications Model answer: Restriction enzymes cut; ligase pastes; vectors carry. PCR = denature, anneal, extend.

Example

Q: Explain: compare sequencing generations Model answer: Sequencing cost fell faster than Moore's law. Data analysis (bioinformatics) is now the bottleneck.

Example

Q: Explain: explain genome analysis basics Model answer: Sequencing cost fell faster than Moore's law. Data analysis (bioinformatics) is now the bottleneck.

Example

Q: Explain: explain how CRISPR-Cas9 works Model answer: CRISPR = programmable molecular scissors. Somatic vs germline is the central ethical line.

Example

Q: Explain: discuss applications and ethics Model answer: CRISPR = programmable molecular scissors. Somatic vs germline is the central ethical line.

Example

Q: Explain: describe electrophoresis, blotting and hybridization Model answer: Southern = DNA, Northern = RNA, Western = protein (alphabetical S-N-W matches D-R-P). Blotting = separate, transfer, probe.

Example

Q: Explain: choose the right technique for a question Model answer: Southern = DNA, Northern = RNA, Western = protein (alphabetical S-N-W matches D-R-P). Blotting = separate, transfer, probe.

Example

Q: Explain: list local applications Model answer: Thalassemia screening is Pakistan's most impactful molecular application. Molecular skills are employable across health, agriculture and forensics.

Example

Q: Explain: identify career directions Model answer: Thalassemia screening is Pakistan's most impactful molecular application. Molecular skills are employable across health, agriculture and forensics.

Long questions

- Write a detailed note on Introduction to Molecular Biology.
- Write a detailed note on DNA Structure and Organization.
- Write a detailed note on DNA Replication.
- Write a detailed note on Transcription.
- Write a detailed note on Translation and the Genetic Code.
- Write a detailed note on Gene Regulation.
- Write a detailed note on Mutations and DNA Repair.
- Write a detailed note on Recombinant DNA Technology.
- Write a detailed note on Genomics and Sequencing.
- Write a detailed note on CRISPR and Genome Editing.

Long questions with model answer outlines

Example

Q: Write a detailed note on Introduction to Molecular Biology. Answer outline: • Overlaps genetics (inheritance), biochemistry (molecules) and cell biology. • Applications: medicine, forensics, agriculture, biotechnology. • Explains inheritance, disease, and evolution at the molecular level. • Foundation of modern medicine and biotechnology. • Every biology student needs this literacy.

Example

Q: Write a detailed note on DNA Structure and Organization. Answer outline: • Double helix: two antiparallel strands, sugar-phosphate backbone, bases inside. • Base pairing: A=T (2 hydrogen bonds), G=C (3 hydrogen bonds) — Chargaff's rules. • Forms: B-DNA (common), A-DNA (dehydrated), Z-DNA (left-handed). • DNA wraps around histone octamers forming nucleosomes ("beads on a string"). • Nucleosomes coil into 30-nm fibre, then looped domains, then metaphase chromosomes.

Example

Q: Write a detailed note on DNA Replication. Answer outline: • Leading strand: continuous synthesis; lagging strand: discontinuous Okazaki fragments. • Telomeres protect chromosome ends; telomerase extends them (active in stem cells and cancer). • Polymerase checks each added base; exonuclease removes errors. • Error rate: 1 in 10^9 after proofreading. • Without it, genomes would melt into noise.

Example

Q: Write a detailed note on Transcription. Answer outline: • Initiation: RNA polymerase binds the promoter (TATA box); transcription factors assist in eukaryotes. • Elongation: RNA synthesized 5' → 3' using DNA template. • Termination: rho-dependent or independent signals (prokaryotes); poly-A signals (eukaryotes). • 5' capping, 3' poly-A tail, and splicing (introns removed, exons joined by the spliceosome). • Alternative splicing: one gene → multiple proteins — key to human complexity.

Example

Q: Write a detailed note on Translation and the Genetic Code. Answer outline: • Triplet: 3 bases = 1 codon; 64 codons for 20 amino acids. • Degenerate (redundant): multiple codons per amino acid; unambiguous: each codon = one amino acid. • Universal (nearly) and non-overlapping; AUG = start, UAA/UAG/UGA = stop. • Initiation: small ribosomal subunit + initiator tRNA find the start codon. • Elongation: codons read, peptide bonds formed by peptidyl transferase (a ribozyme!).

Example

Q: Write a detailed note on Gene Regulation. Answer outline: • Genes for lactose metabolism switched ON only when lactose is present and glucose absent. • Repressor protein blocks transcription; allolactose removes it (induction). • Catabolite activator protein (CAP) boosts transcription when glucose is low. • Tryptophan synthesis genes switched OFF when tryptophan is abundant (repression) — the mirror image of lac. • Transcription factors, enhancers/silencers, chromatin remodelling, DNA methylation, histone modification (epigenetics).

Example

Q: Write a detailed note on Mutations and DNA Repair. Answer outline: • Mismatch repair: fixes replication errors. • Base/nucleotide excision repair: removes damaged bases (UV damage — xeroderma pigmentosum patients lack it). • Double-strand break repair: homologous recombination (accurate) vs non-homologous end joining (error-prone). • p53: "guardian of the genome" — arrests the cell cycle for repair or triggers apoptosis; mutated in most cancers. • Oncogenes: accelerators stuck on; tumor suppressors: brakes cut.

Example

Q: Write a detailed note on Recombinant DNA Technology. Answer outline: • 1. Cut DNA and plasmid vector with the same restriction enzyme. • 2. Join with DNA ligase -> recombinant plasmid. • 3. Transform into bacteria; select with antibiotic resistance marker. • 4. Screen colonies (blue-white screening with lacZ). • Cycles: denaturation (~95C) -> annealing (~55C) -> extension (72C); Taq polymerase survives the heat.

Example

Q: Write a detailed note on Genomics and Sequencing. Answer outline: • Sanger sequencing: chain termination with dideoxynucleotides — accurate, slow. • Next-generation sequencing (NGS): massively parallel, cheap — enabled the \$1000 genome. • Third generation: long reads (PacBio, Nanopore) resolve repeats. • Humans have only ~20,000 genes — complexity comes from regulation and splicing. • Comparative genomics: we share ~99% DNA with chimps, ~60% with bananas.

Example

Q: Write a detailed note on CRISPR and Genome Editing. Answer outline: • Natural origin: bacterial immune system that remembers viral DNA via guide RNAs. • Mechanism: guide RNA directs Cas9 to a target next to a PAM sequence; Cas9 cuts both strands. • Cell repairs the cut: error-prone NHEJ knocks genes out; homology-directed repair inserts precise edits. • Medicine: sickle-cell therapy approved; cancer immunotherapy trials. • Agriculture: disease-resistant crops (may escape GMO regulation in some countries).

Exam Pointer

Very important for exams: Practice writing answers within the exam time limit.

MCQ Practice Test

Learning Objectives

- Test your recall of the key points from every chapter

Q1. Which of the following was listed as a key point of 'Introduction to Molecular Biology' in this handout?

- A. Antiparallel + complementary pairing enables replication.
- B. Replication is semi-conservative and bidirectional from origins.
- C. Molecular biology = DNA -> RNA -> protein.
- D. Histones package 2 metres of DNA into a microscopic nucleus.

Q2. Which of the following was listed as a key point of 'Introduction to Molecular Biology' in this handout?

- A. Antiparallel + complementary pairing enables replication.
- B. Histones package 2 metres of DNA into a microscopic nucleus.
- C. Replication is semi-conservative and bidirectional from origins.
- D. Know the discovery timeline — examiners love dates.

Q3. Which of the following was listed as a key point of 'DNA Structure and Organization' in this handout?

- A. Antiparallel + complementary pairing enables replication.
- B. Molecular biology = DNA -> RNA -> protein.
- C. Know the discovery timeline — examiners love dates.
- D. Replication is semi-conservative and bidirectional from origins.

Q4. Which of the following was listed as a key point of 'DNA Structure and Organization' in this handout?

- A. Know the discovery timeline — examiners love dates.
- B. Replication is semi-conservative and bidirectional from origins.
- C. Molecular biology = DNA -> RNA -> protein.
- D. Histones package 2 metres of DNA into a microscopic nucleus.

Q5. Which of the following was listed as a key point of 'DNA Replication' in this handout?

- A. Replication is semi-conservative and bidirectional from origins.
- B. Antiparallel + complementary pairing enables replication.
- C. Molecular biology = DNA -> RNA -> protein.
- D. Know the discovery timeline — examiners love dates.

Q6. Which of the following was listed as a key point of 'DNA Replication' in this handout?

- A. Molecular biology = DNA -> RNA -> protein.
- B. Antiparallel + complementary pairing enables replication.
- C. Know the discovery timeline — examiners love dates.

D. Polymerase only synthesizes 5' -> 3'.

Q7. Which of the following was listed as a key point of 'Transcription' in this handout?

- A. Antiparallel + complementary pairing enables replication.
- B. Prokaryotic mRNA needs no processing; eukaryotic does.
- C. Molecular biology = DNA -> RNA -> protein.
- D. Know the discovery timeline — examiners love dates.

Q8. Which of the following was listed as a key point of 'Transcription' in this handout?

- A. Know the discovery timeline — examiners love dates.
- B. Molecular biology = DNA -> RNA -> protein.
- C. Antiparallel + complementary pairing enables replication.
- D. Splicing multiplies proteome diversity.

Q9. Which of the following was listed as a key point of 'Translation and the Genetic Code' in this handout?

- A. Antiparallel + complementary pairing enables replication.
- B. Molecular biology = DNA -> RNA -> protein.
- C. Know the discovery timeline — examiners love dates.
- D. The ribosome is a ribozyme — RNA catalyzes peptide bonds.

Q10. Which of the following was listed as a key point of 'Translation and the Genetic Code' in this handout?

- A. Molecular biology = DNA -> RNA -> protein.
- B. Antiparallel + complementary pairing enables replication.
- C. Know the discovery timeline — examiners love dates.
- D. Code degeneracy protects against point mutations.

Q11. Which of the following was listed as a key point of 'Gene Regulation' in this handout?

- A. lac = inducible (substrate turns ON); trp = repressible (product turns OFF).
- B. Know the discovery timeline — examiners love dates.
- C. Antiparallel + complementary pairing enables replication.
- D. Molecular biology = DNA -> RNA -> protein.

Q12. Which of the following was listed as a key point of 'Gene Regulation' in this handout?

- A. Eukaryotic control is multilayered, starting at chromatin.
- B. Antiparallel + complementary pairing enables replication.
- C. Molecular biology = DNA -> RNA -> protein.

D. Know the discovery timeline — examiners love dates.

Q13. Which of the following was listed as a key point of 'Mutations and DNA Repair' in this handout?

- A. Know the discovery timeline — examiners love dates.
- B. Most mutations are neutral or repaired; cancer needs multiple hits.
- C. Antiparallel + complementary pairing enables replication.
- D. Molecular biology = DNA -> RNA -> protein.

Q14. Which of the following was listed as a key point of 'Mutations and DNA Repair' in this handout?

- A. Molecular biology = DNA -> RNA -> protein.
- B. Antiparallel + complementary pairing enables replication.
- C. Know the discovery timeline — examiners love dates.
- D. p53 links DNA damage to cancer.

Q15. Which of the following was listed as a key point of 'Recombinant DNA Technology' in this handout?

- A. Restriction enzymes cut; ligase pastes; vectors carry.
- B. Molecular biology = DNA -> RNA -> protein.
- C. Antiparallel + complementary pairing enables replication.
- D. Know the discovery timeline — examiners love dates.

Q16. Which of the following was listed as a key point of 'Recombinant DNA Technology' in this handout?

- A. Antiparallel + complementary pairing enables replication.
- B. Know the discovery timeline — examiners love dates.
- C. PCR = denature, anneal, extend.
- D. Molecular biology = DNA -> RNA -> protein.

Q17. Which of the following was listed as a key point of 'Genomics and Sequencing' in this handout?

- A. Sequencing cost fell faster than Moore's law.
- B. Molecular biology = DNA -> RNA -> protein.
- C. Antiparallel + complementary pairing enables replication.
- D. Know the discovery timeline — examiners love dates.

Q18. Which of the following was listed as a key point of 'Genomics and Sequencing' in this handout?

- A. Molecular biology = DNA -> RNA -> protein.
- B. Know the discovery timeline — examiners love dates.
- C. Antiparallel + complementary pairing enables replication.
- D. Data analysis (bioinformatics) is now the bottleneck.

Q19. Which of the following was listed as a key point of 'CRISPR and Genome Editing' in this handout?

- A. Antiparallel + complementary pairing enables replication.
- B. Know the discovery timeline — examiners love dates.
- C. Molecular biology = DNA -> RNA -> protein.
- D. CRISPR = programmable molecular scissors.

Q20. Which of the following was listed as a key point of 'CRISPR and Genome Editing' in this handout?

- A. Somatic vs germline is the central ethical line.
- B. Antiparallel + complementary pairing enables replication.
- C. Know the discovery timeline — examiners love dates.
- D. Molecular biology = DNA -> RNA -> protein.

Q21. Which of the following was listed as a key point of 'Molecular Techniques in the Lab' in this handout?

- A. Antiparallel + complementary pairing enables replication.
- B. Southern = DNA, Northern = RNA, Western = protein (alphabetical S-N-W matches D-R-P).
- C. Know the discovery timeline — examiners love dates.
- D. Molecular biology = DNA -> RNA -> protein.

Q22. Which of the following was listed as a key point of 'Molecular Techniques in the Lab' in this handout?

- A. Know the discovery timeline — examiners love dates.
- B. Molecular biology = DNA -> RNA -> protein.
- C. Blotting = separate, transfer, probe.
- D. Antiparallel + complementary pairing enables replication.

Q23. Which of the following was listed as a key point of 'Molecular Biology in Pakistan: Applications' in this handout?

- A. Molecular biology = DNA -> RNA -> protein.
- B. Thalassemia screening is Pakistan's most impactful molecular application.
- C. Antiparallel + complementary pairing enables replication.

D. Know the discovery timeline — examiners love dates.

Q24. Which of the following was listed as a key point of 'Molecular Biology in Pakistan: Applications' in this handout?

A. Molecular biology = DNA → RNA → protein.

B. Molecular skills are employable across health, agriculture and forensics.

C. Know the discovery timeline — examiners love dates.

D. Antiparallel + complementary pairing enables replication.

Answer Key

1. C 2. D 3. A 4. D 5. A 6. D 7. B 8. D 9. D 10. D 11. A 12. A 13. B 14. D 15. A 16. C 17. A 18. D 19. D 20. A 21. B 22. C 23. B 24. B

Exam Pointer

Very important for exams: Attempt all MCQs without looking back, then check the answer key.

Exam Strategy Guide

Learning Objectives

- Attempt papers with a winning strategy

Before the exam

- Revise the Key Points boxes and glossary first — they carry the highest marks per minute.
- Practice one past paper under timed conditions; examiners repeat question styles.
- Sleep well the night before — an exhausted brain recalls far less.

Attempting the paper

- Read the whole paper first; start with your strongest question to build momentum.
- Allocate time by marks: a 10-mark question deserves roughly double a 5-mark one.
- Structure long answers: definition, explanation, example/diagram, conclusion.

Presentation matters

- Use headings, underline key terms, and draw labelled diagrams where possible.
- Attempt all questions — partial credit beats a blank page.
- Review your paper in the last 10 minutes for missed parts.

Exam Pointer

Very important for exams: Very important for exams: neat, structured answers consistently score higher than longer messy ones.